

Borras Park Surgery,
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Wrexham, LL12 7TH
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www.borrasparksurgery.co.uk

Surgery Hours

Mon 8.00am to 6.00pm
Tues 8.00am to 6.00pm
Weds 8.00am to 6.00pm
Thurs 8.00am to 12 noon
Fri 8.00am to 6.00pm

On a Wednesday the surgery is closed from 12 noon to 1.00pm for practice meeting.

The surgery telephone is switched to emergency calls only' during lunchtime between 12 noon and 1.00pm.

Home Visits

If you think you require a home visit, please try to contact the surgery before 10.30am. Visits not booked onto the Doctors list by this time may have to be placed on the following day.

Emergency calls will continue to receive their normal priority.

Borras Park Surgery Newsletter

Issue 4

Autumn 2008

Welcome to the Autumn Borras Park Surgery newsletter. I have just returned from my annual leave and now the surgery is preparing for flu clinics. Please see below for further information and don't forget your pneumonia vaccination if you are eligible. For those of you with teenage daughters there is a new vaccine available to help protect against the Human Papilloma Virus. It is being administered at school and will not be available at the surgery. Dr Helen Wood

HPV (Human Papilloma Virus)

HPV is a virus that can infect the lining of the cervix. There are 106 types and types 16 and 18 cause cervical cancer. There is now a vaccination available which is to be offered to young girls. The programme will begin this September for girls aged 12 - 13 years. There will be a catch up programme in 2009/10 so that all girls leaving school after 2010 will have been given the opportunity to be protected against cervical cancer later in life. The HPV vaccine will also be offered to 17 and 18 year old girls, which means that all girls born between 01.09.90 and 31.08.91 will be invited for a course of vaccines.

For more information a good website for parents is:

<http://www.immunisation.nhs.uk/vaccines/HPV>



Leaflets will also be available at the surgery on request

Flu Season

It is that time of year again when we ask you to book in for a flu jab! We would like to invite all patients over 65 years of age, children with asthma, patients with a weak immune system and carers to attend. Also patients with a chronic disease; Asthma, COPD, Diabetes, Heart, Liver or Kidney problems . Please state which category you are when making a flu clinic appointment. The reception staff will give you the times and dates. If you have any questions about the flu jab or the Pneumonia vaccine please contact the surgery. Hypertension is not considered to be an ' at risk ' category for the flu jab.

28 Day Prescriptions

We have received numerous comments and complaints about the new method of issuing only 28 days supply of medication on a repeat prescription. The request is a North Wales initiative from the LHB to try and achieve less wastage of medication. Each year pharmacies destroy millions of pounds worth of unused medicines in Wales as a result of changes in medication etc.. The savings from a reduction of waste medicines can be used elsewhere on patient care within North Wales Trust.

Newdoc Update

NEWDOC has been functioning from the Portacabin opposite Llwyn -Y-Groes on the Maelor Hospital site. It is more spacious and the feedback from the patients has been encouraging. The 'visit car ' has now been fitted with a computer that will help the doctors receive details of the home visit and the complete notes remotely when activated and operational. The triage and call handling are fully functional and have taken a lot of pressure off the other team members. More people are now aware of the location and existence of NEWDOC especially after the change in name from SHROPDOC the previous operator of the out of hours system.

Dr Pradeep Bhaskar

First Access Mental Health Team

Mental health can affect anyone, no matter what sex, age, social standing or profession. Nobody knows how they are going to cope with bereavements, work or financial problems or relationship difficulties but you are not "mad " , or "stupid " , or "losing the plot ". You can no more help the way you feel than you can help having flu or diabetes. Stop being so hard on yourself and accept the help that is offered!! Help is available from the First Access Mental Health Team following a referral from your GP. Further information is available from the surgery.

Touch screen booking in system:

The new touch screen booking in system for appointments is now in operation as many of you have experienced. It seems to be working well but you still also have the facility of booking in with the reception staff if you so wish. If you would like help using the screen for the first time please ask at the desk.

Welcome back Karen, the midwife, after the birth of her daughter Cerys.

Nurse Leisha has returned from her maternity leave, after having her son Harry. Welcome back.

Our phlebotomist, Karen is now on maternity leave after the birth of her daughter Abigail

RAFFLE

Raffle tickets are now on sale at the surgery for the next raffle. We have used some of the money raised to buy equipment for the surgery. We would like to thank you for your continued generosity and support.